

Cryotherapy Wound Care

- Cryotherapy freezes abnormal or precancerous skin cells.
- A blister or scab may form and is normal. Healing usually takes 1–3 weeks.

Wound Care:

- Wash gently with soap and water daily.
- You do not have to bandage the area, but you can if you would like or the area is bothersome. Apply a thin layer of ointment (Vaseline, Polysporin, **or** Aquaphor) and a bandaid.
- Keep covered if draining or rubbing against clothing.
- Do not pick at blisters or scabs.

What to Expect:

- Redness, swelling, and mild soreness are normal.
- Blisters (clear or blood-filled) may form within 24 hours. You may drain a large blister with a clean needle but leave the skin attached.
- The area may heal lighter or darker than your normal skin tone. A small scar is possible.