



Preparation for Mohs Surgery

- Continue any blood thinners such as Aspirin, Plavix (Clopidogrel), Eliquis, Xarelto, NSAIDS, Coumadin (Warfarin), or Vitamin E. We normally DO NOT stop them for surgery.
- Get a good night's rest and eat a full breakfast making sure to take your medications as usual. Dress comfortably and bring layers as some rooms may be cold. If you are having Mohs micrographic surgery, expect to stay with us for 2-5 hours. Bring snacks, drinks, and reading/work material to help you pass the time. There will be a lot of waiting while your sample is being processed. We will have coffee, water, music playing, and a TV available in the waiting room.
- Unless the area being treated is **near the eye**, you should be able to drive home after the procedure. However, it is always a good idea to have someone on "stand by" to pick you up in case you do not feel well enough to drive home.

Please notify us if:

- You have an allergy or sensitivity to adhesive, lidocaine, epinephrine, latex, or **ANY** medications.
- You have a pacemaker, defibrillator, or other implanted device.
- You have an artificial joint, heart valve, or heart stent.

Plan your calendar accordingly:

- Postoperatively, we normally restrict exercising, alcohol, straining, and swimming for the first week or two. Any exertion, even bending down quickly can cause bleeding of a head wound, as this area has a higher risk of bleeding. Prepare to take it easy for 1-2 weeks.
- Extra Strength Tylenol is recommended for pain and can be taken directly after the procedure.
- Every procedure is different and therefore wound care will vary from patient to patient. An assistant will go over wound care and give you a post-care instruction sheet after your procedure.
- If you have any questions or concerns, please feel free to call us. We look forward to taking care of you!